

Mission Statement

The Counseling Service of Addison County is committed to promoting stable and safe communities by helping people live emotionally healthy and satisfying lives.

We strive to provide the best mental health, substance abuse, and developmental services to improve the quality of life for all community members. We work collaboratively with community organizations to help individuals and families achieve maximum wellness.

Accessibility Policy

Auxiliary aid and reasonable accommodations will be made upon request to insure that all benefits, services, and activities of CSAC are fully accessible to all individuals.

Our Website

www.csac-vt.org

Like us on Facebook!

www.facebook.com/csacvt

“We honor the trials, accomplishments, and individual journey of each human being.
We reject stigma, ignorance and negativity toward any person.”

Emergency and Crisis Services

24 hour hotline (802) 388-7641



Counseling Service of Addison County, Inc.

2016

Annual Report



By any measure...



Emergency and Crisis Services

24 hour hotline

(802) 388-7641

We Can Help.

Locations

109 Catamount Park

Community Associates
802.388.4021

Employment Associates
802.388.4021

Administrative Offices
802.388.6751

89 Main St

Adult Mental Health, Psychiatric
& Substance Abuse Services
802.388.6751

Administrative Offices
802.388.6751

Emergency Services
802.388.7641

67 Catamount Park

Youth and Family Services
802.388.8188

17 Court St

The Center
802.388.3093

Bristol

Bristol Office
802.388.6751

Board of Directors, 2016

Barbara Doyle-Wilch, President

Louise Sandberg, Vice President

Kitty Oxholm, Secretary

Joanne Scott, Treasurer

Members-at-large:

Beth Davis

Michael Furey

David Hallam

Lewis Holmes

Gary Margolis

Leonard G. Rowell

Ted Tighe

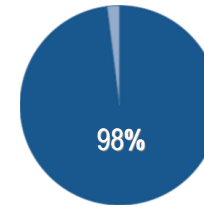
Master Guide Award 2016 Recipient



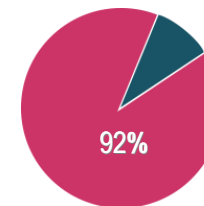
*Bill Claessens
Chief Financial Officer*

“Paddling in earnest and
leading us through unknown and
unmapped territory.”

measure...



Of people felt they
were treated
respectfully



Of people say that
services were right
for them

The Holly Clook Award

*is presented to any
Counseling Service of
Addison County employee
who enhances workplace vitality
through their creative use of
humor, humanity,
dedication and commitment..*



2016 Recipient
Sarah Binshadler
Emergency Team Clinician

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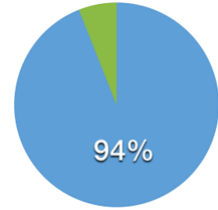
By any

William J. Lippert, Jr. Advocacy Award

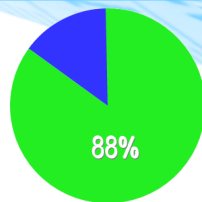
is presented to a dedicated individual with a vision toward a caring and inclusive community; in particular, to recognize advocates of high integrity who have consistently



2016 Recipient
Carolyn Liberty
Adult Out Patient Clinician



Satisfaction rate with services received



Of people feel our services made a difference

*Satisfaction Surveys Spring 2016

Afterwards

By: Gary Margolis

Some days you need to walk-in without an appointment, to sit down and talk with yourself. To be surrounded with the care you give to others. When, like the maples and elms, you can't hold your own sorrow, need a room meant for listening to snow. Snow you didn't know would wait for you, this early, when you rise in the dark to leave for work. When you already think you know

all the names for snow. Like, you are told, they do, far west and north of you. Where there are many names for snow. Snow to keep you inside. Snow, whose light, some days, is the only light there is. You can't hear falling, filling the fields. It's okay, that snow says, Leave for work. With your beautiful fear and sorrow. You don't need an appointment. To walk-in, too, shaking the snow off your duct-taped parka.

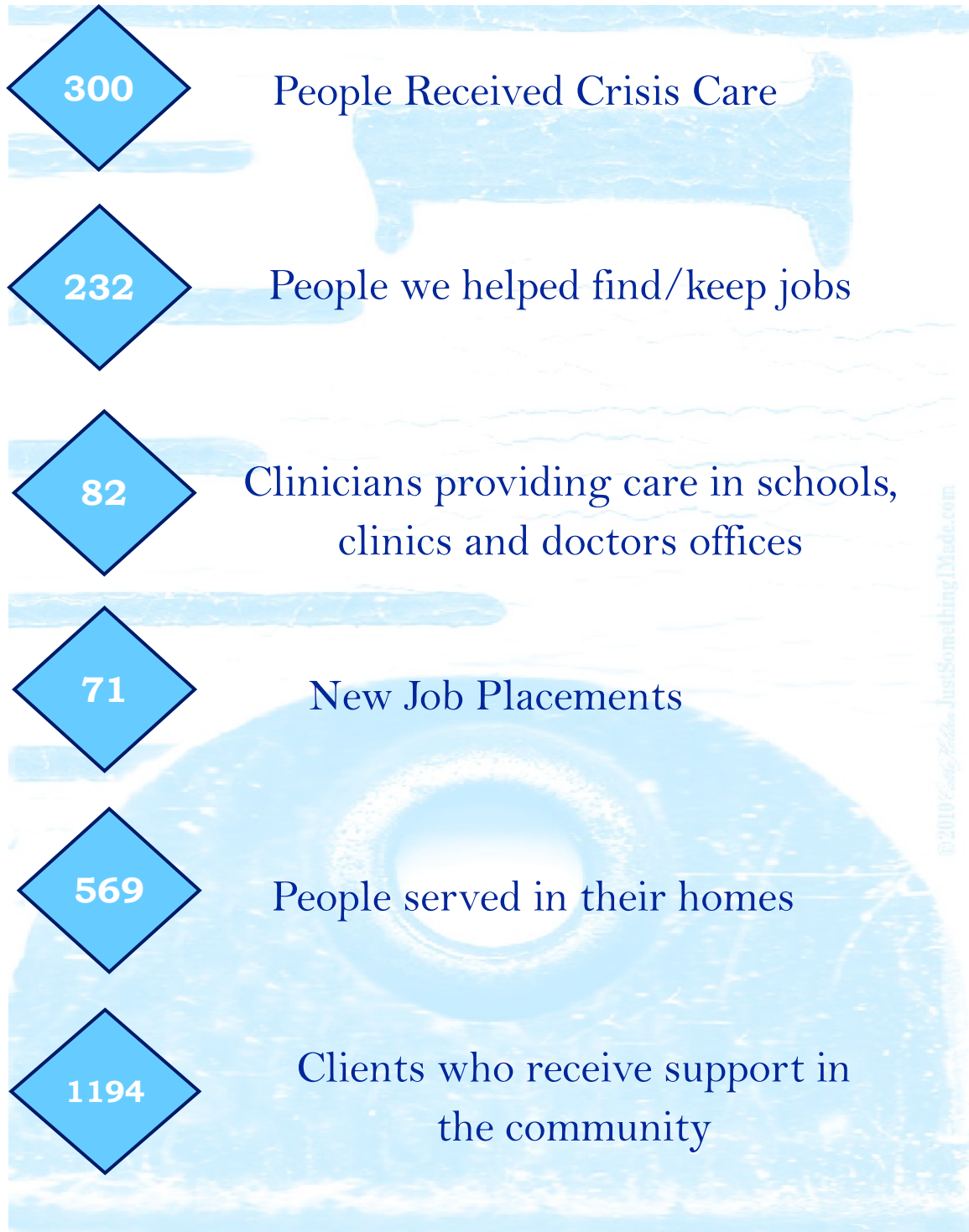
On the eve of our annual meeting where we will celebrate another year of all that transpires within our organization, we are filled with appreciation for everyone who is a part of the Counseling Service family. It is the knowledge, intelligence, commitment, care and dedication of our staff, friends and supporters that allow us to thrive in an ever changing and challenging environment. Whether it be new, more holistic models of services for families and children or pioneer work on new concepts of services for people struggling with serious mental health issues, we continue to strive to be leaders and bring innovation to our community.

This past year we have been monitoring a rapidly changing health care environment with funding and service ramifications for developmental and mental health services state-wide. As health care becomes more focused on the whole person and care becomes better coordinated, we see great opportunities and potential for improved services and outcomes. In anticipation of expected changes we have expanded our collaboration with our local Federally Qualified Health Center, Mountain Health Center in Bristol, strengthened our collaborations with Porter Hospital and primary care and developed working relationships with Vermont's Accountable Care Organizations. It is our intention to participate as proactively as possible to help these changes work in all of our best interests.

Perhaps our greatest challenge this year has been staff recruitment and retention. Vacancies in critical programs such as Emergency and Crisis Services have created challenges in serving our communities and meeting the needs of our clients while increasing demands on existing staff. In spite of the challenges we are excited about the future, about forging new collaborations while strengthening old ones and strengthening opportunities for the community and the individuals who live here. Finally, we are in awe of the dedication, skill and commitment of our staff and the strength and courage of the people we serve. We do not pretend to be perfect but we work well together, we have strong relationships, mutual respect and a supportive culture to assist us in addressing any changes and challenges that come our way.

Barbara Doyle-Wilch~ Board President

Bob Thorn~ Executive Director



Financials

INCOME

State Grants/Contracts	1,569,624	7.51%
Federal Funds	151,896	0.73%
Client & Insurance Fees	816,216	3.91%
Medicaid Fees	16,843,823	80.63%
Other Contracts	1,111,341	5.32%
Local Funds	395,991	1.90%
Town Funds from municipal taxes	35,403	0.17%
United Way	15,910	0.08%
Program Fund Raising	93,573	0.45%
Local contracts	159,522	0.76%
Other (interest, sold off assets, conf. etc)	91,584	0.44%
	395,991	



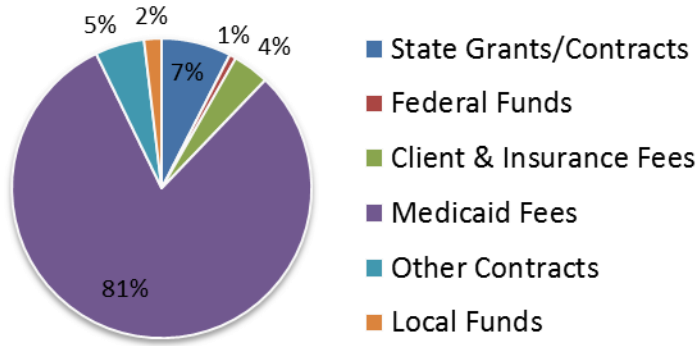
EXPENSE

Youth & Family	6,464,137	31.29%
Adult Out Patient	974,226	4.72%
Substance Abuse	397,275	1.92%
Community Rehabilitation & Treatment	2,815,228	13.63%
Crisis Intervention	1,140,504	5.52%
Administration	1,979,838	9.58%
Developmental Services	6,885,646	33.34%
	20,656,852	

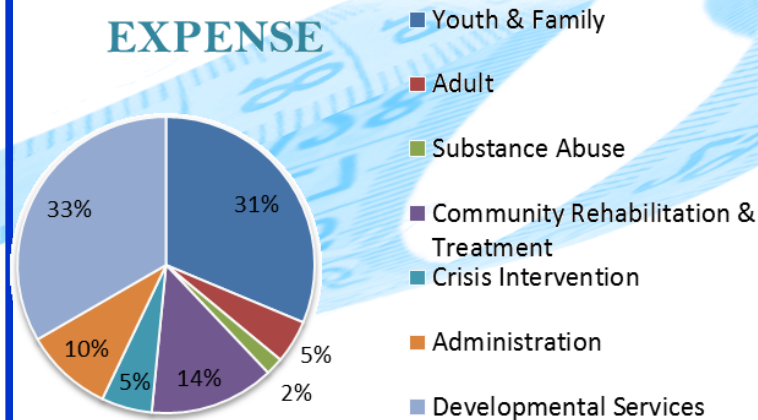
Service Hours by town:

Addison	29,208
Bridport	6,000
Bristol	110,400
Cornwall	7,556
Ferrisburgh	19,901
Goshen	8,848
Hancock	5,426
Leicester	22,803
Lincoln	3,095
Middlebury	295,312
Monkton	621
New Haven	38,724
Orwell	20,774
Panton	10,818
Ripton	19,751
Salisbury	58,877
Shoreham	24,410
Starksboro	13,896
Vergennes	76,498
Waltham	995
Weybridge	3,757
Whiting	22,509
Addison County	800,179
Other Towns	75,785
Total	875,964

INCOME



EXPENSE



*The Wilton W. Covey
Community Award*

is presented annually to a community member in recognition of their commitment to enhancing the quality of life in the Addison County Community.



2016 Recipient
Officer Chris Mason
Middlebury Police Department

*The Wilton W. Covey
Staff Award*

is presented annually to a Counseling Service of Addison County employee, in recognition of their commitment to enhancing the quality of life in the Addison County Community.



2016 Recipient
Steve Bourgeois
Employment Services

Bocce 2016

\$15,000+

Raised

59

Volunteers

33

Teams



We are so grateful for the community support that raised just over \$15,000 for CSAC's 6th Annual Bocce Tournament. Last August, 33 teams of all abilities came to play, from as far away as New York, Massachusetts and southern Vermont. Everyone played to the best of their ability and most left smiling, whether or not they won. We want to express our gratitude to our sponsors, donors, volunteers, players and for everyone who made the tournament the success it was! Thank you!



Thank you
Hickok & Boardman HRI
 Lead Sponsor
 three years running!!!



Thank you CSAC

Donors!

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 Aaron Townshend
 Alan and Wendy Covey
 Alice Van Tuyl
 Ann and Jim Ross
 Ann Gibson
 Ann Lafandra
 Anonymous
 Anonymous via Just Give
 Audrey LaRock
 Audrey Webster
 Bank of America Charitable Gift Fund
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 David and Susan Rahr
 David Littlefield
 Mike Furey DBA Michael W. Furey Associates
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 Elizabeth 'Wibs' McLain
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 Michael O'Neill and Carlotta Prael
 Middlebury Agway
 Middlebury Bagel and Deli
 Middlebury Friends Meeting
 Middlebury Inn
 Middlebury Natural Foods Coop
 Monument Farms
 Mr. Peter and Dr. Jody Brakeley
 Murray and Cecelia Dry
 MVP Health Care
 Nancy Baker and Brian Flynn
 Natelle Fraioli
 National Bank of Middlebury
 Neshobe Golf Club
 Nulhegan Abenaki tribe

Otter Creek Kitchenware and Electronics
 Park Squeeze
 Patricia and William Munoff
 Patricia Brakeley
 Patricia Davies
 Paul and Frances Stone
 Paydata Workforce Solutions
 People's United Bank
 Peter and Margaret Carothers
 Peter Straube
 Pete's Tire Barn
 Priscilla R. Baker
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 Rosemary Spahn
 Rotary Club of Middlebury
 Samuel Fogel
 Sanel Auto Parts
 Sap Moon Sugarworks
 Scott and Cheryl Mullins
 Scott Fahey
 St. Stephen's Church
 Steve Maier and Priscilla Bremser
 Storm Cafe
 Susan Humphrey
 Susan Klaiber and Molly Bidwell
 Suzanne J. Ward
 Sweet Cicely
 The Diner
 The Lobby Restaurant
 The Rolling Stones
 Thomas and Arlene Jackman
 Tiffany Sargent
 Tom and Carol Spencer
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 Tourterelle
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 United Way of Addison County, Inc.
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