

Counseling Service of Addison County, Inc.
Board of Directors Retreat
109 Catamount Park, Middlebury, Vermont
March 5, 2019

Attendance: Louise Sandberg, President; Barbara Doyle-Wilch, Vice-President; Joanne Scott, Treasurer; Kitty Oxholm, Secretary. Members at large: David Andrews, Sarah M. Audet, David Hallam, Dr. Lewis Holmes, Gary Margolis, David Roberts, Len Rowell, Jane Spencer, Ted Tighe.

Staff attending: Bob Thorn, Executive Director; Rachel Cummings, Incoming Executive Director; Bill Claessens, CFO; Alexa Euler, HR Director; Cheryl Huntley, Operations Director: Youth and Family Program and Addiction Recovery; Dr. Robert Jimerson, CSAC Medical Director; Sandy Smith, Director: Community Rehabilitation and Treatment.

Guest panel: Kara Griswold, Director of Student Support Services and Early Education, Addison Northwest School District (ANWSD); Addison County Sheriff Dennis Newton; Elise Shanbacker, Executive Director, Addison County Community Trust; Alison Wurst, Director of Population Health and Care Management, UVM/Porter Medical Center.

8:00 - 8:15	Settling-in time, 5-minute business meeting, and laying the groundwork for the day
8:15 - 8:45	"Getting to know each other" exercise by Alexa
9:00 - 10:50	Management Team presentations/discussion
10:50 - 11:00	Break
11:00 - 12:00	Panel discussion: <i>From your perspective, what is the state of mental health in Addison County, and how is it impacting the community?</i>
12:00 - 1:00	Lunch and continued discussion with panel members
1:15 - 2:00	Small group breakout to capture what we have learned in the day and circling back in whole group to share how we use this information to shape next board steps

The retreat was opened at 8:00am by Louise Sandberg.

A motion to approve Rachel Cummings as an official signatory for all business and financial transactions pertaining to the Counseling Service of Addison County, Inc. was made by Barbara Doyle-Wilch. Gary Margolis seconded the motion. The vote was called and passed unanimously.

Cheryl Huntley, Sandy Smith, Bob Jimerson, Alexa Euler and Bill Claessens each presented "what is exciting" and the current challenges in their respective departments/programs

Community panel commenced at 11am. Each panelist spoke to the following question: *From your perspective, what is the state of mental health in Addison County, and how is it impacting the community?*

The morning session of the retreat concluded at 12 noon.