

The Counseling Service of Addison County is Here for You

Coping with COVID-19:

CSAC Community Support Line can be accessed by calling **388-7641**

M-F 9:00AM-3:30PM

FRIDAY EVENINGS 5:00-10:00PM

SATURDAY/SUNDAY 9:00AM-10:00PM During this time of great uncertainty and stress, please don't worry alone — CSAC is just a phone call away!

CSAC'S Coping with COVID-19 Community Support Line offers free supportive phone counseling, information and referrals, and real-time connection to Addison County community members.

CSAC's 24/7 crisis mental health services remain available whenever you need us at 388-7641.

For more resources visit our website at **www.csac-vt.org**