

## Measures of resiliency in Addison County, 2017

### Middlebury District Office Data Request

Table should be interpreted: Among students who (protective factor) x% (risk behavior). For example: Among high school students who ate dinner with at least one of their parents on 4 or more days/week 38% used any substance in the past 30 days. Among high school students who did not eat dinner with at least one of their parents on 4 or more days/week 54% used any substance in the past 30 days.

### Addison County High School Students

### Risk Behavior

		Used any substance, past 30 days*	Any tobacco use, past 30 days**	Binge drank, past 30 days	Used marijuana 3+ times, past 30 days	Ever used inhalants, cocaine, heroin, or meth	Bullied, past 30 days	Made a suicide plan	Has plan to complete post high school program	
<b>All Addison County High School Students</b>		<b>41%</b>	<b>17%</b>	<b>16%</b>	<b>16%</b>	<b>9%</b>	<b>13%</b>	<b>10%</b>	<b>82%</b>	
Protective Factor	Ate dinner at home with at least one of their parents on 4 or more days/week	Yes	38%	14%	15%	14%	6%	11%	7%	84%
		No	54%	30%	20%	25%	18%	20%	23%	73%
	Agree that in their community they feel like they matter to people	Yes	38%	14%	15%	12%	5%	7%	5%	87%
		No	44%	24%	19%	23%	14%	23%	21%	73%
	Has at least one teacher or other adult in their school they can talk to if they have a problem	Yes	39%	16%	15%	15%	7%	12%	9%	85%
		No	46%	24%	22%	19%	15%	18%	18%	70%
	Agree that their school has clear rules and consequences for behavior	Yes	36%	13%	13%	14%	7%	8%	7%	83%
		No	48%	24%	22%	19%	11%	20%	16%	80%
	Participated in extracurricular activities (10 or more hours/week)	Yes	41%	14%	16%	12%	9%	12%	7%	92%
		No	40%	18%	16%	17%	9%	13%	11%	79%
	Felt sad or hopeless for two weeks in a row, past 12 months	Yes	61%	31%	25%	33%	22%	34%	38%	76%
		No	35%	13%	14%	11%	5%	7%	3%	83%

Shaded boxes indicate a statistical difference in risk behavior among students with and without the asset.

\*Any substance includes: alcohol use, marijuana use, any tobacco use, or prescription drug misuse.

\*\*Any tobacco use includes: cigarettes or cigars or used smokeless tobacco or electronic vapor products.