Counseling Services of Addison County, Inc.

Board of Directors Minutes

June 8, 2016

Attending: Board President, Barbara Doyle -Wilch; Secretary, Kitty Oxholm; Treasurer, Joanne Scott; members at large Beth Davis; David Hallam; Gary Margolis; Len Rowell; Ted Tighe

Staff: Executive Director, Bob Thorn; CFO, Bill Claessens; HR Director, Alexa Euler; Ann Kensek, Recorder.

Barbara brought the meeting to order at 4:35.

Happy Minutes: Designation for AOP went well, great feedback on everything.

Thanks were expressed for the work Keith, Bob, Alexa and others have done, especially looking at our ability to realistically look at our strengths and weaknesses.

Minutes: Kitty moved and Len seconded to approve the minutes of the May 12 meeting as presented. Vote called and passed.

Committee Reports:

*Family Advisory Committee (DS)*: Beth Davis said a survey went out to the group, and people would like to do more group activities. She reviewed the minutes of the committee meeting and commented on them. The group feels like they’re being heard.

Beth and Barbara went to the Seminary Street group home for a visit. Barbara commented on how clean and comfortable it was. Beth noted how individualized the care there is in spite of staff shortages.

*Community Rehabilitation and Treatment:* David Hallam went to the meeting on June 6. He related that the room was packed with consumers saying good things about the agency, and that people also felt mental health training with law enforcement could be better.

*Financial Committee:* Joanne Scott noted they arelooking at performance and investment options and explained some possible options.

Barbara asked board members who were at the Community Supper on May 27 how it went. Reports were positive.

Barbara updated the Board on Bocce. She talked briefly about the need for sponsors, teams and volunteers. She encouraged the board members to sign up. Bob asked Gary if he would write a poem for bocce.

Bob talked about the Vermont Council and the implications of the many changes happening as well as the economic realities. There are some Vermont legislators who want to help. Further discussion.

Bob talked about the work Sandy is doing and how energized his staff is about doing Open Dialogue and other nontraditional treatments. These techniques seem to have reduced hospital visits and emergency calls.

Alexa talked about the Department of Labor salary and overtime standards change. Brief discussion followed.

Alexa gave the monthly report on salaries to the board. There were no changes, and no changes to the benefits.

Barbara reported that the Master Agreement was signed yesterday and talked about the changes and new requirements.

Discussion on the board size and finding new members. Len noted that Annual Meeting is a good time to introduce prospective members to the work of CSAC.

Bill Claessens: Hill House purchase is progressing. He talked briefly about what still needs to be done.

Bill reported that the FY 2017 budget is balanced for the year. He gave out three reports- two detailed and one summary report. He explained and reviewed the budget changes for the board.

Joanne moved and David seconded to approve the budget as presented. Vote called and passed. The Board thanked Bill for making it so clear and understandable.

Bill reviewed the current financials for the board.

Alexa noted for the board that CSAC is considering a new EAP service that would work more efficiently and elaborated a little on this for the board.

Bill related that his team is working on communications & issues with substance abuse and may have an opportunity to pilot a system that will connect us to Porter.

Discussion on collaboration between the college, Porter and CSAC in terms of opiates.

The meeting was adjourned at 6:30 pm.